



# What To Do If You Believe You Have Been **Exposed to an Infected Person**

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## **Primary Contact**

- If you have been in direct contact with someone who has been diagnosed with COVID-19, then you should self-quarantine for 14 days from the time of the exposure.
- Direct contact generally means being within 6 feet of the infected person where you may have been subject to coughing, sneezing, or close contact.
- If you have been in direct contact with someone who has symptoms of COVID-19 and is being tested, then you should self-quarantine until the results of the test have been confirmed.

## **Secondary Contact**

- If you have not had contact with the COVID-19 patients, but someone close to you has, you are considered to have secondary contact.
- If your only contact has been secondary contact, it is not recommended that you self-quarantine.
- A person who had secondary contact should see a doctor promptly if you develop symptoms of fever, cough, or shortness of breath.